MEDIEVAL DENTISTRY

A SHAVE AND AN EXTRACTION
During the Middle Ages, monks were responsible for dentistry. But the church decided against this due to the shedding of blood. Barbers then became responsible for dental care, through their close work with the monks.

THANKS TO THE FRENCH
In the 14th century, Guy de Chauliac invented the dental pelican which finally became the modern forceps for tooth extraction.

CLEAN MOUTH?
The ‘Father of Modern Dentistry’ Pierre Fauchard recommended urine as an antiseptic mouthwash!

19TH-20TH CENTURY DENTISTRY

CLEAN TEETH
In 1873, Colgate mass produced their first toothpaste in a glass jar.

HEALTHY TEETH
In the 1930s, Frederick McKay discovered the effects of fluoride in preventing tooth decay. Only in the 1950s fluoride was added to toothpaste.

MODERN TOOTHBRUSH
The first nylon toothbrush was invented in 1938, followed by the electric toothbrush in the 1960s.

THERE’S AN APP FOR THAT
Apps can be used to monitor your own oral health and report the results by sending information from your toothbrush to your phone.

MODERN DAY DENTISTRY

DENTISTS SAY
- Smoking, drinking tea, coffee and wine can cause stains
- Brush twice a day with an electric or manual toothbrush for 2 minutes
- Use dental floss and mouthwash to strengthen your gums

10% of adults are not registered with a dentist
50% of adults say they visit the dentist every 6 months
19% of adults delay treatment due to cost
21% of adults visit the dentist annually

Source: www.nationalsmilemonth.org/page/facts-and-figures

For expert advice and tips to keep your mouth healthy, visit our Dental Health Centre at www.axappphealthcare.co.uk/health-information/dental-health

For more information on our Dental Care Plan, go to www.axappphealthcare.co.uk/personal/dental-health-insurance